

Meridian Primary School PE Curriculum 2025-2026

2025/2026						
	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 2	Dance : Unit 2	Gymnastics : Unit 2	Fundamentals : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Dance	Gymnastics	Dance	Gymnastics	Athletics	Net and Wall Games
	Ball Skills	Sending and Receiving	Target Games	Fitness	Striking and Fielding Games	Yoga
Year 2	Gymnastics	Dance	Gymnastics	Dance	Yoga	Striking and Fielding Games
	Fundamentals	Team Building	Ball Skills	Sending and Receiving	Athletics	Invasion Games
Year 3	Gymnastics	Dance	Gymnastics	Dance	Athletics	Pickleball
	OAA	Ball Skills	Hockey	Basketball	Rounders	Cricket
Year 4	Gymnastics	Dance	Yoga	OAA	Athletics	Cricket
	Football	Handball	Fitness	Rugby	Rounders	Tennis
Year 5	Gymnastics	Dance	Gymnastics	Yoga	Athletics	Swimming
	Netball	OAA	Basketball	Hockey	Cricket	Tennis
Year 6	Dance	Gymnastics	Dance	Gymnastics	Athletics	Badminton Y5/6
	Rugby	Netball	Football	Handball	Rounders	OAA